



CREATING SMOKE-FREE FUTURES WEBINAR

WEDNESDAY 07 OCTOBER 2026
14:00 - 16:00

**Calling all residential care and
nursing home staff in Sussex
—and beyond!**

**Everyone is welcome to join this
online learning event.**

Book your FREE TICKET to receive:

- Login details (*Microsoft Teams*)
- Video recordings of presentations
- Webinar resource pack
- Certificate of Attendance
- Slides (*PowerPoint Presentations*)

SIGN UP TODAY!

Learning Objectives

Start Meaningful Conversations:

Increase confidence in discussing smoking and cessation support with residents, families, and colleagues in a supportive and person-centred way.

Build Knowledge & Confidence:

Gain practical insights into effective smoking cessation approaches and the impact of smoking on infections and recovery.

Strengthen Access to Support:

Understand referral pathways to stop smoking services and the range of quit aids and behavioural support available to succeed.

Overcoming Smoking Barriers:

Cover important topics including nicotine dependence, second-hand smoke exposure and supporting residents and staff to start their smoke-free journey.

Putting Evidence into Practice:

Explore practical tools, resources, and evidence-based techniques to help residents make positive changes towards a smoke-free future.

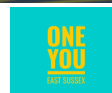
Create Healthier Environments:

Discover ways to embed a smoke-free culture that promotes wellbeing, safety, and quality of life for residents and staff.

Q&A Discussion Panel:

An opportunity for interactive learning to ask experts questions directly.

This event is supported by:



<https://SussexSmokefree.eventbrite.co.uk>